

Year 1 - Learning @ Home, Term 3 Week 10

Remember to login to WebEx **each morning at 9.20am** for a brief check in with your class and teacher.

10am small groups will continue to be with individual classroom teachers:

Mitch: <https://eduvic.webex.com/meet/mitchell.webster>

Amy: <https://eduvic.webex.com/meet/odowd.amy.a>

Lee: <https://eduvic.webex.com/meet/rutledge.lee.a>

Day	WebEx meetings
Monday 9:20am	EVERYONE join Amy's link: https://eduvic.webex.com/meet/odowd.amy.a
Monday 11am	Boot Camp with Amy
Monday 12:30pm	If you would like some help with starting your book, then join Mitch's link: https://eduvic.webex.com/meet/mitchell.webster
Monday 1:30 - 2:30 Indonesian Online with Pak Ben	Join Pak Ben's link: https://eduvic.webex.com/meet/benito.ricci
TUESDAY - NOTE: Lee is on-site today, supporting the students who are working at school. She will therefore be unavailable for any student or parental contact today.	
Tuesday 9:20am	EVERYONE join Amy's link: https://eduvic.webex.com/meet/odowd.amy.a
Tuesday 12:30pm	If you would like some help with your reading today, then join Amy's link: https://eduvic.webex.com/meet/odowd.amy.a
Art Online with Laura 1:30 - 2:30pm	Have some paper and drawing materials ready when you log on. Laura's link: https://eduvic.webex.com/meet/russell.laura.s Access code: 574 076 333
Tuesday 2:00pm DRAMA CLUB	https://eduvic.webex.com/eduvic/j.php?MTID=m926fce74b5eab8ef98da1aa62320b78f Meeting number: 165 770 3761 Password: CpB3Jpxbj76
Wednesday 9:20am Footy Day!	EVERYONE join Amy's link: https://eduvic.webex.com/meet/odowd.amy.a Come dressed in your sports colours!
Wednesday 12pm - 12:30pm Special AFL Victoria Event for Footy Colours Day!	 Progress the game, so everyone can share in its heritage and possibilities. <p>If you have a football at home, bring it along for the session (or any other style of ball in replacement. If no ball, use a pair of socks, a teddy, soft toy). Bring along a drink bottle and a bucket/box/washing basket.</p>
Wednesday 12:30pm	If you would like some help with your Health lesson today, then join Mitch's link: https://eduvic.webex.com/meet/mitchell.webster

Wednesday 1pm	Cooking with Mitch and Lee: Healthy Nuggets Join Mitch's link: https://eduvic.webex.com/meet/mitchell.webster Please see the last page of this planner for the recipe.
Thursday 9:20am	EVERYONE join Amy's link: https://eduvic.webex.com/meet/odowd.amy.a
Thursday 12:30pm	If you would like some help with maths today, join Lee's link: https://eduvic.webex.com/meet/rutledge.lee.a
Thursday 1:00pm	Social Club: If you would like to spend some time chatting in small groups with other kids in grade one, then join Mitch's link: https://eduvic.webex.com/meet/mitchell.webster
Thursday 1:30 Music online with Tracey	Tracey's link: https://eduvic.webex.com/meet/tracey.james Meeting number 1658154642
Friday 9:20am	EVERYONE join Amy's link: https://eduvic.webex.com/meet/odowd.amy.a **Sharing the books you have made with the other grade ones, in breakout rooms.
Friday 12pm Bring a special snack and/or drink to enjoy while we are watching this short movie!	MOVIE TREAT: <i>The Snail and the Whale</i> Join Amy's link https://eduvic.webex.com/meet/odowd.amy.a
Friday 1pm	Whole school assembly
Friday 2pm PE Online with Mr. A	Join Mr. A's link: https://eduvic.webex.com/meet/antoniadis.terry.e Access code: 578 820 891
HOLIDAYS!	



Monday - MUSIC	<p>Whole school MUSIC/DRAMA CHALLENGE! Record yourself singing <i>Cover me in Sunshine</i> and upload it to Seesaw.</p> <p>Bonus points for:</p> <ul style="list-style-type: none"> ● Choreography (but remember that singing is the most important element) ● Costumes ● Expressive performance <p>Point Deductions for:</p> <ul style="list-style-type: none"> ● Silly voices ● Lip Syncing ● Not being able to hear voices
Monday - Health	<p>Re-create this poster.</p> 
Wednesday - Maths	<p>Share your 'bonus challenge' based on the game between Geelong and North Melbourne.</p>
Friday - Writing	<p>Students take a photo of their book, and record themselves reading it. There is a Seesaw activity called 'Bring your stories to life'.</p>
Friday - PE	<p><u>Assessment</u> – Film yourself completing one of the challenges and send it to Mr. A on Seesaw.</p>

Monday 13th September

Listen to Mitch go through today's learning here: <https://youtu.be/No3fkWZc4s8>

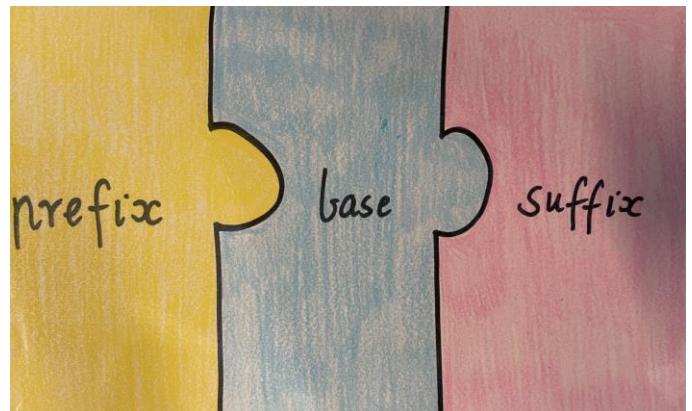
Reading	Focus: We are learning to study the work of Bob Graham in a range of his books.
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Daily practice - 5 mins:

This week we are looking at the **parts of words** and what they mean. For example, **cat** on its own is a base word - it has meaning by itself - it is one cat. If we add the suffix **s** on the end, this makes it **more than one cat**. We call these parts of words 'morphemes'.

Watch Amy explore the morpheme, 'dis':

https://www.youtube.com/watch?v=X_qQqZO5_MY



INTRO: This week we are studying the work of author Bob Graham.

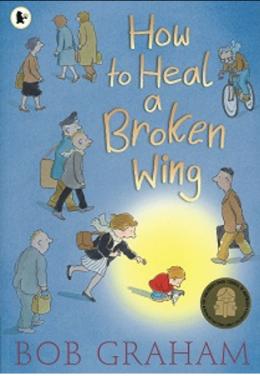
Things you might not know about Bob Graham...

1. He likes surfing and Irish music.
2. He likes the sound of dogs' ears flapping.
3. He likes chillies, coffee, chocolate and reading in bed.
4. He likes looking out of the window, sitting in the sun and drawing.
5. He likes skateboarders, rock and roll, and interesting parcels.
6. He likes family photo albums, train journeys and reunions at airports.
7. And he dislikes bullies.



Task: Listen to the story [How to heal a broken wing- Bob Graham](#)

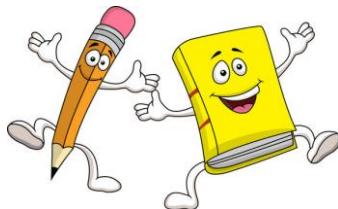
In the table below, record two examples of things that you noticed, in terms of the way that **Bob Graham writes** and the way that **Bob Graham draws** his pictures. There has been one example in each column completed for you already.

Text:	What I noticed about...	
	Bob Graham's Writing	Bob Graham's Illustrations
	Short sentences like 'Except Will.'	Some pages have lots of pictures to show how the character is moving.

Then: You should complete **independent reading** of a 'just right' text for a minimum of 15 minutes. You might like to use Active Learn or Epic! to do this. Don't forget to work on your reading goal!

Writing	Focus: We are learning to write, illustrate and publish a book to entertain our audience.
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Daily handwriting practice - 5 mins: Practise writing your first and last name e.g. Tom Hawkins. Write it out 5 times.



INTRO: Today you are going to begin writing a book. This is something you're going to do for most of the week. You will have 2 days to write your book and then 1 day to edit, revise and publish your work. You can write your story about anything!

TASK: Today your job is to start your book/story. Remember it can be about anything! Look at the story spine on the right to help you structure your story. You may think about the 5 Ws and 1 H (**Who, What, When, Where, Why and How**)

If you would like some help with starting your book,
then join Mitch's link:

<https://eduvic.webex.com/meet/mitchell.webster>



Maths	Focus: We are learning to understand fractions of groups.
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Daily practice: Spend 10 minutes practising your maths goal.

Warm-up:

Go Slow Stop: Race to 100 (or 1000)

Players: 2

Aim: To add numbers and be first to reach 100 (or 1000).

How to Play:

- Shuffle a deck of playing cards (including picture cards).
- Each player will use a whiteboard or paper to write down their numbers.



Stop = If you turn over a king or queen, your score goes back to 0, and it's the other players turn.

Slow = You decide to hand the cards over to the other player for them to play and to try to avoid the king and queen cards.

Go = You decide to continue your turn of adding cards to try and reach 100.

- Player 1 uses the full deck of cards and turns one card over; they then turn another over and add them together.
- For example,

$$\begin{array}{c} \text{4} \\ \spadesuit \spadesuit \spadesuit \\ + \\ \spadesuit \spadesuit \spadesuit \\ \hline \end{array} = 13$$

- The cards drawn go at the bottom of the deck.
- Player one may choose to 'go' and add another card to their score.

Go Slow Stop: Race to 100 (or 1000)

$$13 + \begin{array}{c} 6 \\ \spadesuit \spadesuit \spadesuit \\ \heartsuit \heartsuit \\ \clubsuit \clubsuit \clubsuit \\ 9 \end{array} = 19$$

- Continue until player one says 'slow' and tries to save their number and gives the cards to player two or risk a king or queen coming up, and their number goes to 0.
- When player two gets a turn, they follow the same steps. Turn over one card at a time and add the numbers, choose to slow and save your score or risk a king or queen.
- The player who reaches 100 first, wins.

Jack Cards = 20!



Variations:

- To add to 1000, turn over two cards at a time to make a 2-digit number.
- Choose any higher or lower number to reach.
- Double the number before adding on the number.

TASK:

Watch this video as a reminder about fractions:

[Fractions! | Mini Math Movies | Scratch Garden](#)

Your task is to draw this problem into your workbook. There were 8 puppies in the puppy play school. One half of the group were black and the other half were spotted. How many of each were there? Show what the group of

puppies looks like, using **numbers, pictures and words**.

Health

Warm-up:

Choose one thing from the 'perk-ups' page in the NLPS Bounce Back book to do (the book was sent to your parents last week).

Feel your feelings

Today we would like you to practise embracing your feelings. At some point today, when you are feeling something strong, we want you to follow the steps in this poster:



For example, on the weekend Mitch felt **frustrated** that he forgot to buy milk when he was at the supermarket. This was a strong feeling because he was looking forward to using that in his coffee. He took some deep breaths and knew that it was annoying, because he would need to drive again to the supermarket. He accepted that this just had to be done, as he didn't have any cows in his backyard! Mitch knew that he would get to enjoy the sun again by leaving the house to buy the milk.

Now, we would like you to recreate this poster. You might copy it exactly, or just use the same words but draw different pictures. Place this somewhere at home that you can see and remember to follow these steps when you feel something strong.

INDONESIAN



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Click [here](#) for this week's Indonesian lesson.

Starting this week, I will be taking the Indonesian lesson **online**.

Date: Monday, September 13

Time: 1.30 - 2.30

<https://eduvic.webex.com/meet/benito.ricci>

Looking forward to seeing you then
Pak Ben

Tuesday 14th September

Listen to Lee go through today's learning here: <https://youtu.be/QNewiwQIGro>

Reading	Focus: We are learning to study the work of Bob Graham in a range of his books.
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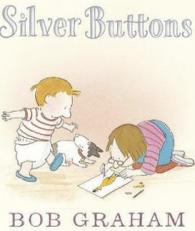
Daily practice - 5 mins:

Watch Amy explore the morpheme, 'tion': <https://www.youtube.com/watch?v=KvP3HDPAOaY>

INTRO: Today we will be looking at another book written by Bob Graham. You should be able to begin to see things in common with his books, as you notice the author's unique style.

Task: Listen to the book [Silver Buttons by Bob Graham](#)

In the table below, record two examples of things that you noticed, in terms of the way that **Bob Graham writes** and the way that **Bob Graham draws** his pictures. There has been one example in each column completed for you already. You might notice some things in common with yesterday's book!

Text:	What I noticed about...	
Silver Buttons	Bob Graham's Writing	Bob Graham's Illustrations
	He has lots of different settings in the book, like under the oak, outside, next door, out in the street, on High Street...	Some pictures zoom in closely, like the page with the pigeon on the roof.

Then: You should complete **independent reading** of a 'just right' text for a minimum of 15 minutes. You might like to use Active Learn or Epic! to do this. Don't forget to work on your reading goal!

Writing	Focus: We are learning to write, illustrate and publish a book to entertain our audience.
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Daily handwriting practice - 5 mins: Practise your parents' first and last names e.g. John Smith Write them out 5 times.

INTRO: Yesterday you started writing your book. Today your job is to finish your story!

TASK: Today your job is to finish your story, so you can edit, revise and publish it on Thursday. To have a 5 star story, you need to make sure you have the following things:

	I have introduced my characters E.g. Mitch and Lee were best friends!	
	I have introduced my setting e.g. One day, they went to the beach. The water was crystal clear, and the sun was scorching hot on their backs.	
	I have a problem in my story - something happens/goes wrong. E.g. When Mitch laid down his towel he realised that he forgot to pack the sunscreen. It was such a hot day, they would get so burnt if they didn't put sunscreen on.	
	I have a resolution to my problem. E.g. So Lee decided to be brave and went up to the lifesavers and said, 'Excuse me... do you have any sunscreen my friend and I could use please?' The lifesaver turned around in his chair and pulled out a tube of sunscreen from his backpack and handed it to Lee.	
	End to your story. E.g. Mitch and Lee covered themselves from head to toe in sunscreen. This meant that they could stay at the beach all day, swimming in the water, and building sandcastles.	

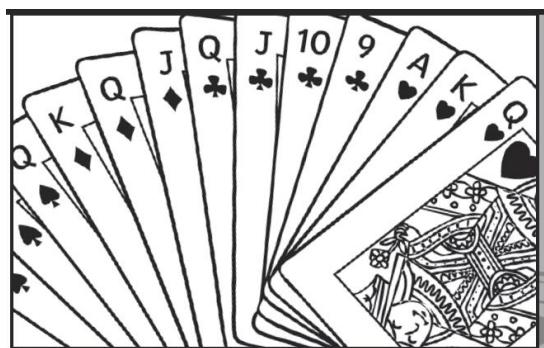
Maths

Focus: We are learning to understand fractions of a group.

Daily practice: Spend 10 minutes practising your maths goal.

Warm-up: Addition Mission

The aim is to be the first person to add two numbers together, and then collect the most pairs.





How to Play:

- Divide a deck of cards evenly between two players.
- Option to take out the jacks, queens and kings or use them as numbers 11, 12 and 13.
- Each player quickly turns over the top card from their pile and places them side by side in the middle.
- Both players need to add the numbers showing.
- The first to call the answer out is the winner and keeps the pair.
- The player with the most pairs at the end of the game wins.

TASK: Farmer Fran liked to grow vegetables. In her garden beds half of her vegetables were carrots and the other half was broccoli. She planted the same amount of carrots and stalks of broccoli. How many carrots did she have and how many stalks of broccoli? Draw her vegetable patch.

STEM

If I filled a balloon with air and tied it at the end, how could I make it get **bigger** or **smaller**, without popping it?

Make a prediction before you watch this video. Eg. I predict that...



<https://iview.abc.net.au/video/EDUC202113497980>

ART

Art Online with Laura - Have some paper and drawing materials ready when you log on. 1:30pm - 2:30pm Tuesday - Grade 1 & Grade 2

Laura's link: <https://eduvic.webex.com/meet/russell.laura.s> Access code: 574 076 333

Week 10 Art – Free Choice To access the Art program on Google Slides, click on the link. This week is about **Free Choice**. Click on the speaker in the top right corner of the slide to hear the information in the slide. The link will also be available on Seesaw.



Wednesday 15th September - Footy Day

*Listen to Amy go through today's learning
here: https://youtu.be/xs5KxC47_NI*



Reading

Focus: We are learning to explain and justify why we like certain things.

Daily practice:

Watch Amy explore the morpheme, 'im': <https://www.youtube.com/watch?v=pYoAGunPnvs>

Read aloud: [Why I Love Footy read by author Michael Wagner](#)

Task: Think of some of the reasons why you like/dislike AFL. Write some of these down or speak to someone about it. You might like to talk about another sport that you like more than AFL. For example, Amy loves the sound of the crowd and the sense of tradition, when she [normally] goes to Geelong matches every week.

You could also think of some of the reasons why you support a certain AFL or sporting team. What made you choose to support them? For example, in Amy's family, she and her sister had a football team before they even had a first name when they were born! Her sister barracks for Collingwood because her Mum does, and Amy barracks for Geelong because her Dad does! In Lee's family her grandparents lived in North Melbourne and they supported The Kangaroos, so all of Lee's family - cousins, aunts and uncles all barrack for North Melbourne! It is a tradition in her family.

Then: You should complete **independent reading** of a 'just right' text for a minimum of 15 minutes. You might like to use Active Learn or Epic! to do this. Don't forget to work on your reading goal!

Writing

Focus: We are learning to create our own character/mascot.

Daily handwriting practice - 5 mins: Practise writing the name of your favourite football club/sporting club e.g. Bulldogs. Write it out 5 times.

INTRO: Every AFL team has a mascot, here are a few of them:



TASK: We want you to create another mascot that can become a part of your favourite AFL team. Draw a picture of your mascot and answer these questions in your workbook:

- What is their name?
- What team do they belong to?
- What is their favourite food?

Maths	Focus: We are learning to understand fractions of a group.
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Daily practice: Spend 10 minutes practising your maths goal.

Warm-up: Count the AFLW players from the Western Bulldogs. How many are there? How many pairs of boots should there be? Clue: Each player is able-bodied and has two feet.



TASK: Have a look at the pictures of these AFL/AFLW players below. Can you create some mathematical questions using the images? For example: what fraction of the players in the second picture play for Geelong?



Bonus challenge: In AFL football, one goal is worth 6 points. At a recent game between Geelong and North Melbourne, after a quarter of football, Geelong had kicked 3 goals and a bunch of points. North Melbourne had kicked less goals and also a bunch of points. What could the score have been?

An example has been done for you below:

Geelong 3 goals = $6 + 6 + 6$ (18)
5 points $18 + 5 = 23$

North Melbourne 1 goal = 6

7 points = $6 + 7$ (13) Gee 23

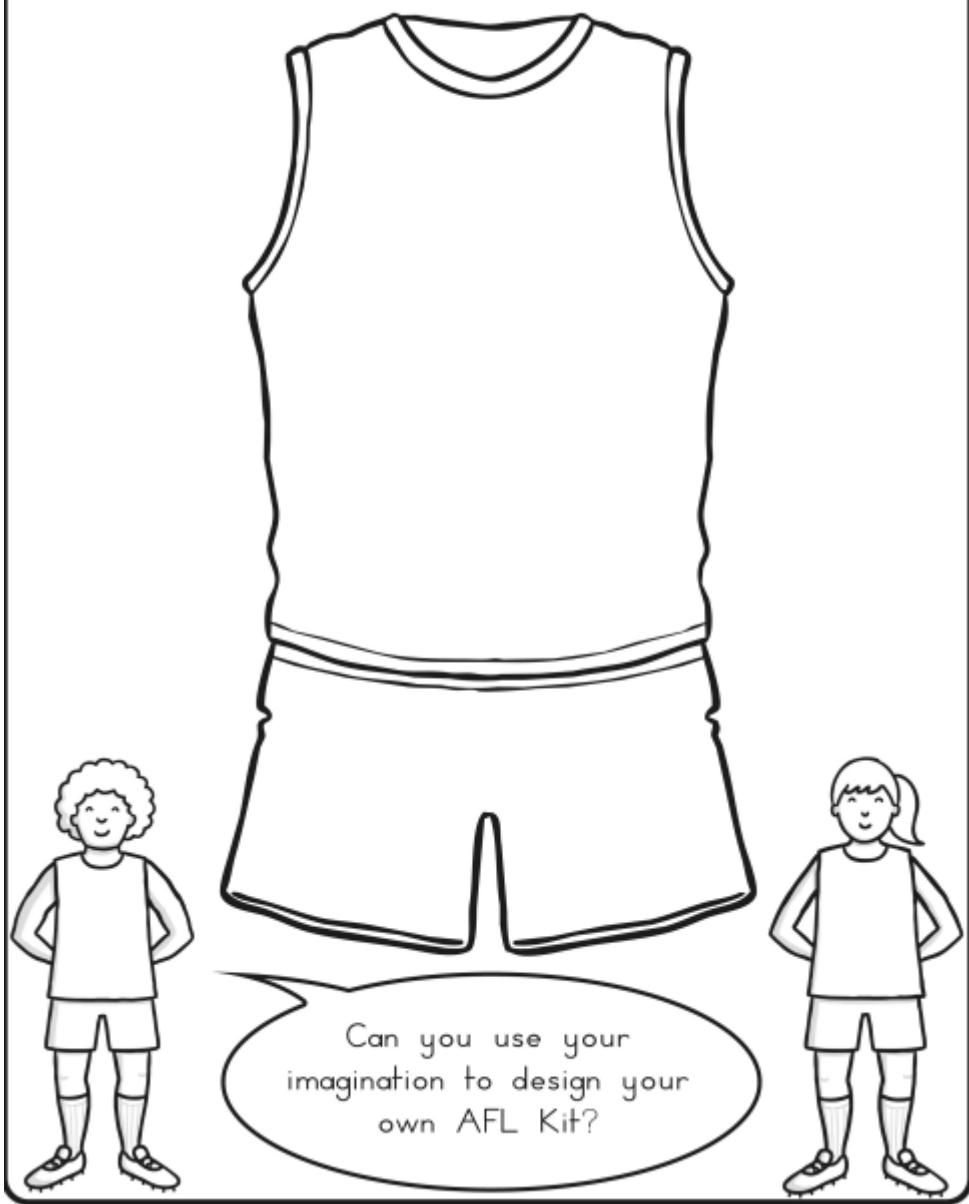
At quarter time, the score could be: NM 13



However, there are lots of possibilities to this question! See if you can find at least 3 possibilities. Upload your solutions to Seesaw.

Foaty Colours Activity

Design Your Own AFL Kit.



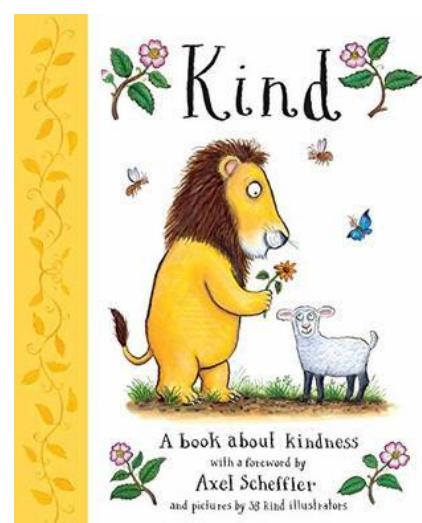
Health

Being kind

Sometimes showing kindness to others is a great way to not only make them feel happy, but to also make ourselves feel happy.

Watch the read aloud for the book '[Kind](#)' by [Axel Scheffler](#)

Write a list of things you can do to show kindness to others.



Thursday 16th September

Listen to Mitch run through today's learning here: <https://youtu.be/kXTIODrVpgk>

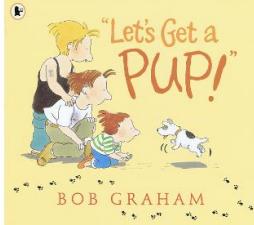
Reading	Focus: We are learning to study the work of Bob Graham in a range of his books.
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Daily practice - 5 mins

Watch Amy explore the morpheme, 'ly': <https://www.youtube.com/watch?v=4syfdg-m4Q0>

Task: Listen to the story, *Let's Get a Pup* at this link [👉 Kids Book Read Aloud: LET'S GET A PUP! By Bob Graham | StoryTime with Miss Randall](#)

In the table below, record two examples of things that you noticed, in terms of the way that **Bob Graham writes** and the way that **Bob Graham draws** his pictures. There has been one example in each column completed for you already. You might notice some things in common with the books we have read so far this week!

Text:	What I noticed about...	
	Bob Graham's Writing	Bob Graham's Illustrations
	In this book he uses lots of talking marks.	There are lots of action shots where he shows that characters are moving.

Then: You should complete **independent reading** of a 'just right' text for a minimum of 15 minutes. You might like to use Active Learn or Epic! to do this. Don't forget to work on your reading goal!

Writing	Focus: We are learning to edit, revise and publish our work, as all good authors do.
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Daily handwriting practice - 5 mins: Practise writing the suburb you live in e.g. Newport. Write it out 5 times.

INTRO: Re-read your story from Monday and Tuesday.

TASK: Today you will edit and revise your stories, making sure that you have used fabulous words and that your spelling and punctuation is all included. You may want to use a different coloured pencil to make your editing changes. Once you have edited and revised your work you can begin publishing your good copy. If you have loose pieces of paper you can make your own book, just like how we did in class. If you don't have loose sheets of paper, you can rewrite the story in your book, with all your spelling and punctuation corrected. Remember to draw pictures to match your story! (**Note: you may like to share your writing with your teacher on Seesaw, so that they can give you some feedback before you publish your work.**)

Note: In tomorrow morning's WebEx meeting you will be put into breakout rooms and you will share your amazing books with other students in Grade 1, so make sure you have it ready to go!

Revise	Edit
 ARMS	 C U P S
A Add sentences and words	C Capitals: sentences, names, places, months, titles, I
R Remove unneeded words or sentences	U Usage: match nouns and verbs correctly
M Move a sentence or word placement	P Punctuation: . ? ! , " "
S Substitute words or sentences for others	S Spelling: Check all words, use your resources

Maths	Focus: We are learning to understand fractions of a group.
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Daily practice: Spend 10 minutes practising your maths goal.

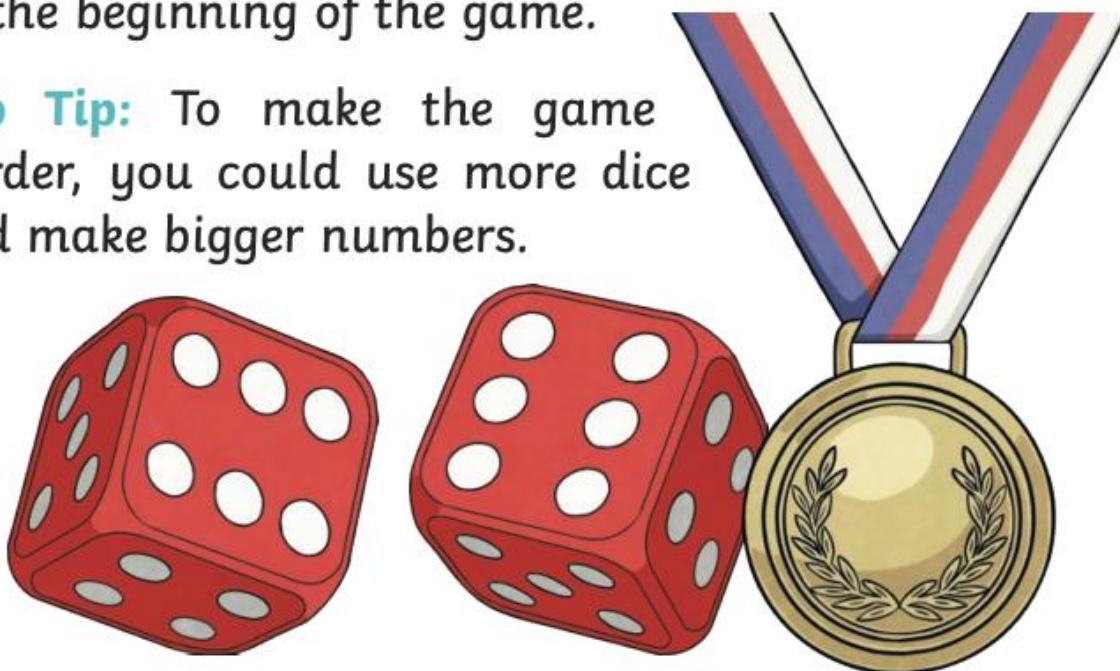
Warm-up: *Place Value Champion*

At least two players are needed, with two dice for each player.

Preparation: Before you start the game, decide if the winner will be the person with the highest or lowest number.

Instructions: Each player rolls two dice and creates a two-digit number. For example, if a 6 and 5 were rolled, you could either make the number 56 or 65. The winner is the person with either the highest number or lowest number, depending on the rule set at the beginning of the game.

Top Tip: To make the game harder, you could use more dice and make bigger numbers.



Task:

Here is a picnic that Petros and Michael are going to share equally.



Can you tell us what each of them will have?

Pizza: _____

Tomatoes: _____

Blueberry muffins: _____

Orange juice: _____

Apple: _____

MUSIC

Hi Year 1s,

This week we will be meeting on Webex for our lesson. I can't wait to see your lovely, smiling faces. Here is my link
<https://eduvic.webex.com/meet/tracey.james> (Meeting number 1658154642). See you on **Thursday at 1.30pm**



shutterstock.com - 199208755

The link will be available on Seesaw on Thursday morning. Here is the Planner for Music! We are having a challenge! Please join in and try to get points for your grade level by clicking on the link below:

[Cover Me In Sunshine Challenge](#)

Friday 17th September

Listen to Mitch run through today's learning here: <https://youtu.be/EfxT0cUF0yg>

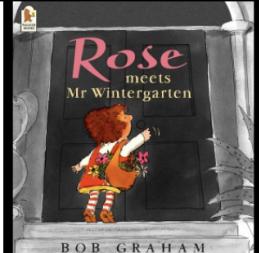
Reading	Focus: We are learning to study the work of Bob Graham in a range of his books.
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Daily practice - 5 mins:

Watch Amy explore the morpheme, 're': <https://www.youtube.com/watch?v=4syfdg-m4Q0>

Task: Listen to the story  [Great story | Rose Meets Mr Wintergarten story by books read aloud for kids](#)

In the table below, record two examples of things that you noticed, in terms of the way that **Bob Graham writes** and the way that **Bob Graham draws** his pictures. There has been one example in each column completed for you already. You might notice some things in common with the books we have read so far this week!

Text:	What I noticed about...	
	Bob Graham's Writing	Bob Graham's Illustrations
	Lots of talking between the characters.	Lots of pictures to show the one thing happening – helps the reader to see more details.

Then: You should complete **independent reading** of a 'just right' text for a minimum of 15 minutes. You might like to use Active Learn or Epic! to do this. Don't forget to work on your reading goal!

Writing	Focus: We are learning to respond creatively to a picture prompt.
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Daily vocabulary practice - 5 mins: Write the name of your favourite animal **5 times**.

INTRO: You need to take a photo of your book, and record yourself reading your book to share it with your teacher. There is a Seesaw activity called 'Bring your stories to life' - please post your work there.



TASK: Today your job is to write a story about the prompt below. Remember to include capital letters, full stops and a picture to match!

Help! A T-Rex is in my home!



Maths

Focus: We are learning to understand fractions of a group.

Daily practice: Spend 10 minutes practising your maths goal.

Warm-up: *Finding Friends of 10*

The aim is to find a pair of cards that equals to ten, and then collect the most amount of pairs.



How to Play:

- Remove all picture cards.
- Shuffle the cards.
- Lay a set of 20 cards face down.
- Player 1 turns over two cards and adds the numbers together. If they are equal to 10, player 1 keeps the pair and has another turn.
- If player 1 doesn't have a pair that equals 10, turn both cards back over, and the next player has a turn.
- Keep taking turns until all pairs have been found.
- The player with the most pairs wins.
- This game can be played independently.

TASK: Four people in a family were going to share one extra large pizza, but each person wanted different toppings.



Imran loved mushrooms.



Pino loved olives.



Adel loved pineapple.



Rose loved tomatoes.

Draw the pizza, use your pencil to cut it into pieces and label what fraction each piece is worth. If each person only ate their own piece, what fraction of the pizza did they each eat?

MOVIE Treat

12pm
Amy's link

[https://eduvic.webex.com
/meet/odowd.amy.a](https://eduvic.webex.com/meet/odowd.amy.a)

Time to watch a short movie, *The Snail and the Whale*, altogether as a special treat to end the term.

Parent note: the movie is rated G and runs for 27 minutes.



PE



I'm super excited to announce that this week, we are going to have our first live PE lesson. Our lesson is going to take place on **Friday at 2pm**. I look forward to seeing you all at that time.

You should be able to get into the lesson by clicking on the following link:

<https://eduvic.webex.com/meet/antoniadis.terry.e> Access code: 578 820 891

I have also included a program below for the students who are not available to log into the live lesson.

Opening/Warm-up – Get your magic wands ready young wizards and complete the Harry Potter 'Book of Spells' workout found in the link.

<https://www.youtube.com/watch?v=GZrvByuIAHg>

Overarm throwing – We are continuing to work on our overarm throwing technique, and in particular, throwing for accuracy which means we are aiming at a target. Watch the link below and copy the activities shown in the clip.

https://www.youtube.com/watch?v=_kO1P5NZyR8

Finish off by playing an overarm throwing game called 'Fire the Cannons'. It is okay if you do not have all of the equipment you see in the clip. You can use other things as the targets.

https://www.youtube.com/watch?v=OLN_sGry3DI

Assessment – Film yourself completing one of the challenges and send it to me on Seesaw.



HEALTHY NUGGETS

INGREDIENTS

- chicken breast fillets or firm tofu
- oil spray/baking paper
- 2 eggs beaten lightly
- 2 tbs plain flour
- 2 cups breadcrumbs

STEPS

1. preheat oven to 180 deg.
2. cut chicken into cubes
3. coat with flour
4. dip into egg
5. coat with breadcrumbs
6. place onto baking tray lined with baking paper
7. spray with oil
8. cook for 10 to 20 minutes until golden and cooked through